

# HELPING HANDS HEALTH EDUCATION INTERNATIONAL

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## Eye Health Program Progress Report 2022

(May, 2023)

### 1. Background

Helping Hands Health Education International (HHHE) has been participating in the campaigns of eradicating blindness in Nepal through financial support to cataract eye surgery and free reading glasses distribution to the underprivileged

people. It has been working in collaboration with different eye hospitals across Nepal. The beneficiaries receive services either in the regular services in the hospitals or in the special eye health camps.

### 2. Status of Reading Glass Distribution

The reading glasses were distributed through 3 channels - 1) directly through Helping Hands or Helping Hands Community Hospital, 2) Nepal Netra Jyoti Sangha, the umbrella Organization of Eye Hospitals and Eye Care Centers in Nepal,

and 3) Tilganga Eye Hospital. The table below presents the date of reading glasses distributed to different hospitals and eye care centers through these 3 channels:

<i>SN</i>	<i>Hospital</i>	<i>District</i>	<i>Province</i>	<i>Total</i>
1	Rapti Eye Hospital	Dang	Lumbini	3152
2	Lamahi Eye Hospital	Banke	Lumbini	1427
3	CKNEH, Bahadurgunj	Banke	Lumbini	1216
4	Taulihawa Eye Hospital	Kapilvastu	Lumbini	200
5	Bardiya Eye Hospital	Bardiya	Lumbini	1000
6	Buruwal Lions Eye Hospital	Rupendehi	Lumbini	2000
7	Fatehbal Eye Hospital	Banke	Lumbini	1000

8	RM Kedia Eye Hospital	Parsa	Madesh	2000
<b>SN</b>	<b>Hospital</b>	<b>District</b>	<b>Province</b>	
				<b>Total</b>
10	Sarlahi Eye Care Center	Sarlahi	Madesh	1000
11	Sagarmatha Chaudary EH	Siraha	Madesh	1000
12	Gaur Eye Hospital	Rautahat	Madesh	1000
13	Marin Palika, Sindhuli	Sindhuli	Bagmati	959
14	Bharatpur Eye Hospital	Chitwan	Bagmati	5400
15	Helping Hands Hospital	Kathmandu	Bagmati	10948
16	Pantaar Eye Care Center	Gorkha	Bagmati	1000
17	Kirtipur Eye Hospital	Kathmandu	Bagmati	1000
18	Satya Sai Kendra	Lalitpur	Bagmati	500
19	Nepal Eye Hospital	Kathmandu	Bagmati	1000
20	Baglung Eye Hospital	Baglung	Gandaki	2000
21	Lions Lacaule Eye Hospital	Palpa	Gandaki	1500
22	Kali Gandaki ECC	Palpa	Gandaki	1000
23	Eye Care Center	Myagdi	Gandaki	2000
24	Eye Care Center	Syangja	Gandaki	500
25	Eye Care Center	Gulmi	Gandaki	1500
26	Eye Care Center	Argakhachi	Gandaki	500
27	DBNK Eye Hospital	Parasi	Gandaki	500
28	Himalaya Eye Hospital	Kaski	Gandaki	5000
29	Dhaulagiri Eye Hospital	Baglung	Gandaki	2000
30	Eye Care Center	Taplejung	Koshi	500
31	Mechi Netralaya	Jhapa	Koshi	11486
32	Eye Care Center	Khotang	Koshi	1000
33	Solukhumbu Hospital		Koshi	400

34	Dr. RPP Eye Hospital	Dhankuta	Koshi	3000
<b>SN</b>	<b>Hospital</b>	<b>District</b>	<b>Province</b>	<b>Total</b>
36	Eye Care Center	Bhojpur	Koshi	3000
37	Eye Care Center	Udayapur	Koshi	1000
38	Biratnagar Eye Hospital	Morang	Koshi	1000
39	Tejratna Eye Care center	Sankhuwasabha	Koshi	1000
40	Nabadristi Eye Care Center	Sankhuwasabha	Koshi	1000
41	Geta Eye Hospital	Kailali	Sudur Paschim	2000
42	Mahendranagar Eye Hospital	Kanchanpur	Sudur Paschim	1000
43	Surkhet Project Manji	Surkhet	Karnali	1000
44	Netra Jyoti Sangha	Kalikot	Karnali	1000
45	Eye Care Center	Jumla	Karnali	500
46	Eye Care Center	Mugu	Karnali	3000
47	Eye Care Center	Humla	Karnali	300
48	Eye Care Center	Rukum	Karnali	500
	<b>Total</b>			<b>87488</b>

- Glasses have been distributed to 40 districts (out of 77) of Nepal.
- Glasses have been distributed to all the 7 provinces of Nepal.
- About 65% of the glasses have been distributed to Kathmandu and Southern Nepal, the most populated regions of the country.

The distribution was done through scheduled Eye Camps or when patients visited hospitals for eye check ups. HHHE Nepal Liaison office has been collecting/preparing the comprehensive reports of the distribution. The comprehensive report will include the names, addresses and contact information of the beneficiaries.

### 3. Cataract Surgery

District and Provinces: Kapilvastu, Lumbini Province  
Jhapa, Morang and Ilam District, Koshi Province

Total number of beneficiaries:

In order to increase the access of underprivileged people to HHHE resources, make its services more effective, and avoid duplication in service delivery, HHHE has devised a new strategy to have partnership with Nepal Netra Jyoti Sangha (NNJS), the umbrella organization of all the eye hospitals in Nepal.

HHHE funded 1 NNJS affiliated hospital, Chhanda-Kalebabu Narayani Eye Hospital (CKEH), Kapilvastu and 1 private hospital for Cataract Surgery.

**3.1 CKEH, Kapilvastu, Lumbini Province** conducted 2 cataract surgery camps, and HHHE funded for 225 patients for surgeries for each camps with a total of 450 patients. The reason behind choosing Kapilvastu District for the program is it is one of the most populated districts of Lumbini Province (population is about 6,83,000) and has a high rate of cataracts.

Out of 450 total beneficiaries, 231 were male and 219 were female. 434 beneficiaries were from Kapilvastu District, and 16 were from the neighboring village of India. HHHE Nepal Liaison Office has the detail report of this camp that includes the beneficiaries details and photographs.

**3.2 Mechi Netralaya Cataract Camps** were conducted in various dates and venues of Morang, Jhapa and Ilam Districts of Koshi Province. HHHE has provided Mechi Netralaya with the financial support for the cataract surgeries of 184 patients of these regions.

### 4. General Health Camps

HHHE conducted 5 general health camps in Sankhuwasabha District in 2022. The details of the health camps in figures are:

July, 2022, Chainpur 9:

General Check up:	130
USG:	20

Dental service: 101  
Pediatrics: 58  
Reading glasses distribution: 141

December, 2022, Chainpur 3, Pokhari

General Check up: 195  
USG: 25  
Dental: 60  
Pediatrics: 10  
Reading glasses: 200

December, 2022; Chainpur 5, Sankhuwasabha

General Check up: 190  
Eye examination: 47  
Reading glasses: 300

## 5. Some Relevant Photographs of the HHHE Support Programs



*Eye Health Camp and Reading Glasses Distribution in Jhapa District*



*Free Glasses Distribution in Dang District, Nepal*









